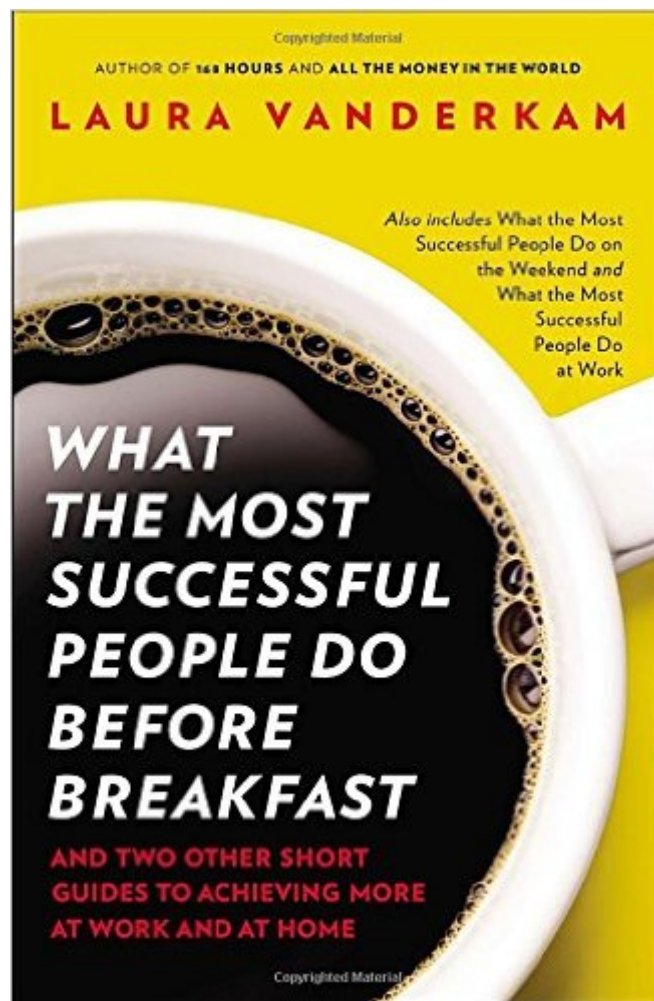


The book was found

What The Most Successful People Do Before Breakfast: And Two Other Short Guides To Achieving More At Work And At Home



Synopsis

Three powerful mini e-books about high productivity, now together in paperback! Laura Vanderkam has combined her three popular mini e-books into one comprehensive guide, with a new introduction. It will help readers build habits that lead to happier, more productive lives, despite the pressures of their busy schedules. Through interviews and anecdotes, she reveals . . .What the Most Successful People Do Before Breakfast "to jump-start the day productively.What the Most Successful People Do On the Weekend"to recharge and prepare for a great week.What the Most Successful People Do at Work"to accomplish more in less time.

Book Information

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Customer Reviews

This small paperback packs in three of the author's previous ebooks:What the Most Successful People Do Before Breakfast: A Short Guide to Making Over Your Mornings--and Life (A Penguin Special from Portfolio)What the Most Successful People Do on the Weekend: A Short Guide to Making the Most of Your Days Off (A Penguin Special from Portfolio)What the Most Successful People Do at Work: A Short Guide to Making Over Your Career (A Penguin Specialfrom Portfolio)It also includes a generous appendix with interesting and useful new content: 3 "time makeovers", how to do your own time makeover, and 50 great tips on time management.I read a lot of time management books, articles and blogs, so I see a lot of the same recycled content. Laura Vanderkam's books are delightfully different. She chooses interesting people to interview in a huge range of professions, and has a writing style that's extremely engaging and easy to read. She mixes anecdotes from other successful people in with her own experiences, adding a lot of personality to

what would otherwise be a very dry list of tips. I'm currently taking time off from work and I still find tons of useful information in her books to help me be more effective (and have more fun!) in my personal life.

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